



Queensland
Mental Health
Week

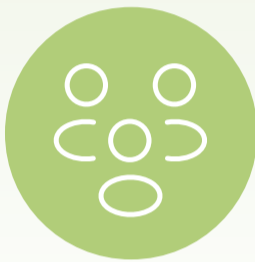


5-13 October 2024

Connect for mental health



SELF



COMMUNITY



OTHERS



NATURE



Funded by
Queensland
Mental Health
Commission



Coordinated by
CHECKUP

www.qldmentalhealthweek.org.au



#QMHW

Artwork: 'Stronger connection creates strong health' by Leah Cummins, Bunya Designs