



Queensland  
Mental Health  
Week

7–15 October 2023



Awareness



Belonging



Connection



Funded by  
Queensland  
Mental Health  
Commission



Coordinated by  
CHECKUP

[www.qldmentalhealthweek.org.au](http://www.qldmentalhealthweek.org.au)



#QMHw

Artwork: 'Stronger connection creates strong health' by Leah Cummins, Bunya Designs