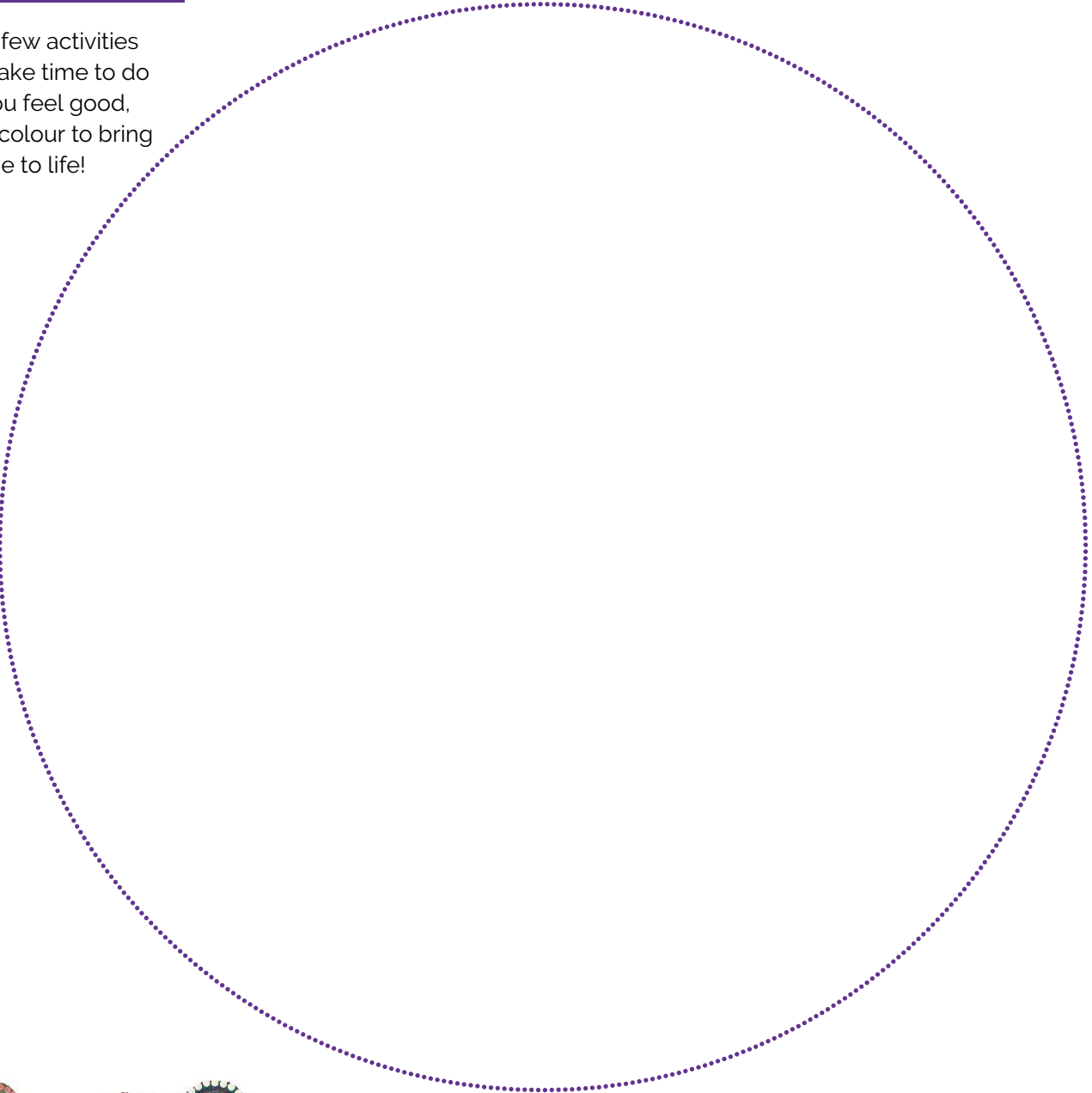


Take time for mental health

9 – 17 October 2021

Draw and colour

Draw in a few activities
that you take time to do
to help you feel good,
then add colour to bring
your scene to life!



www.qldmentalhealthweek.org.au

#qmhweek #qmhwtaketime



Snap a photo and upload it to
social media so we can see your
beautiful work.

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