



Queensland Mental Health Week

To value your mental health

BE
ACTIVE

KEEP
LEARNING

GIVE

CONNECT

TAKE
NOTICE

CARE
FOR OUR
PLANET

6-14 October 2018

Event Name:

Date & Time:

Location:

Details:

Contact:



#qmh
#valuementalhealth

Queensland Mental
Health Week is funded
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Queensland
Mental Health
Commission

www.qldmentalhealthweek.org.au